

INSPIRATIONAL MESSAGE IDEAS

FROM LELLOBIRD & FRIENDS

Be amazing / Be amazed

Be brave / Be bold

Be kind / Choose kindness

Be thankful

Be yourself

Believe

Bloom / Bloom and grow / Bloom where
you're planted

Breathe

Carpe diem

Delight in the small things

Done is better than perfect

Dream / Dream big

Eat more pizza

Find your happy / Find your joy

Go outside

Go to bed

Good things take time

Hope

Imagine

It never hurts to ask

Keep going

Let it be

Let it go

Look up at the stars

Love / Love more / Love is love /
Spread love / Choose love

Magic happens / You are magic

Make more art

Nobody's perfect

Okay is okay

Persist

Progress not perfection

Put down your phone

Read more, talk less!

Rise and shine

Say no

Say yes

Shake it off

Sing

Slay the day

Smile

Sound your barbaric yawp

Speak less, say more

Start / Start where you are

Stay fierce

Stay foolish

Stay gold

Stop & rest a while

Throw kindness around like confetti

Try new things

We rise by lifting others

Wear sunscreen

Why not?

Vote

You are amazing

You are enough

You are my sunshine

You can do hard things / Do hard
things

You got this

You matter